



1. 6v6 training and matches risk assessment

LOW RISK (Score 1-6)		Acceptable				
MEDIUM RISK (Score 8-10)		Task should only proceed with control measures				
HIGH RISK (Score 12-25)		Task must not proceed . Evaluate and reduce risk.				
Risk Rating = Likelihood (L) x Severity (S)		HAZARD SEVERITY (S)				
		1	2	3	4	5
		Negligible No absence from work	Slight Minor injury/illness	Moderate Injury or illness absence from work	High Single person suffering serious injury or illness & long-term absence from work	Very High Multiple persons suffering serious injury or illness & long-term absence from work
LIKELIHOOD (L)	1	Very Unlikely	LOW	LOW	LOW	LOW
	2	Unlikely	LOW	LOW	MEDIUM	MEDIUM
	3	Possible	LOW	LOW	MEDIUM	HIGH
	4	Likely	LOW	MEDIUM	HIGH	HIGH
	5	Very likely	LOW	MEDIUM	HIGH	HIGH

All "Athletes" coaches and other staff to view, understand and accept risk assessment prior to play being allowed, new members only to be allowed to attend after receiving, understand and accepting the risk assessment.

HAZARD	PERSONS AFFECTED e.g. Members of the Public, Workforce etc.	RISK			CONTROL MEASURES	RESIDUAL RISK		
		L	S	R		L	S	R
Training Facilities and Equipment Transfer of virus via equipment used in session. Transfer of virus within the location	Employees at venue Coaches Athletes Public	3	4	12	<ul style="list-style-type: none"> Cleaning and wiping down all equipment with sanitiser before, during and after sessions. Having a limited number of balls to reduce overall risk of transfer. Only use essential equipment No Benches to be used Face coverings to be used when and where possible, particularly in communal areas. 	2	3	6



HAZARD	PERSONS AFFECTED e.g. Members of the Public, Workforce etc.	RISK			CONTROL MEASURES	RESIDUAL RISK		
		L	S	R		L	S	R
Transfer of virus as a result of increased interaction between athletes, coaches and staff, and even public	Athletes, Coaches and Wider Staff	3	4	12	<ul style="list-style-type: none"> • Limit number of people in training sessions. Maximum 15 in a training session (including coaches). No other staff or club members to be present. (For junior training sessions, there are a minimum of two adults for 12 juniors taking part in training.) Proposal of 2 1-1.5hour sessions and personnel kept separate. • All sessions to be OPT In on Teamer, attendance will not be accepted by non-responses. • Track and Trace to be carried out via Teamer log and registers at each session. • All players to have personal pen or bring all documents signed to training • Athletes and coaches to maintain two metre social distancing at all times during sessions other than specified technical training phases, training to be adjusted to minimise this. • Athletes and coaches to avoid all unnecessary contact such as handshakes or hand slaps. • Do not shout or use a blown whistle. • Athletes and coaches to hand sanitize during breaks, and sanitize balls (every 20minutes min). • Athletes to avoid sharing all personal equipment (drinking bottles, towels etc.) • Athletes and coaches should keep their belongings at least two metres apart. • Maintain the same 'social bubble' of athletes and coaches involved in training sessions to minimise risk of transfer from outside parties. • Travel to sessions under government guidelines with social distancing. Attend training in kit and go home for showering facilities, sports hall facilities will be limited to the lavatory. • Avoid unnecessary activities associated with sporting development during training session (e.g. no group briefings, meetings, season planning, which could be conducted online at a later date) • Conduct drills that will remain purposeful but can be performed at an appropriate social distance. 	2	3	6



<p>Sport Specific Activity Defining Specific Incidents in Indoor Volleyball</p> <p>It is a fair statement to say that Indoor Volleyball is NOT a contact sport, and that the close-contact exposure risk is low. The main incidences where contact may occur and result in intrusion into the two metre social distance radius:</p> <ol style="list-style-type: none"> Blockers and hitter being in close vicinity to of one another alas on opposite sides of a net, occasionally brushing hands (e.g. jousting) Colliding or making contact with one's partner on the same side of the net e.g. chasing a ball in defence, going for the same ball in serve receive. During some drills, players may find themselves within two metres of another athlete's e.g. passing and setting drills, where one person acts as a target and can find another athlete close to them due to an errant pass. Players making contact in breaks of play to slap hands with partner or opponents. <p>The risks associated with points 3 and 4 can be easily controlled by avoiding these drills (on point 3, targets can simply adjust to make sure they don't come into contact should this occur). The likelihood of incident occurring is very low even at the elite level, sometimes not occurring at all across the course of a training session, and would fall into what government advice deems as appropriate to break the two metre social distance boundary.</p> <p>However, incident one is likely to occur frequently in a game situation with a blocker and a hitter. Whilst this may be frequent, this does not involve any direct contact and does not</p>	<p>Athletes Coaches</p>	<p>3</p>	<p>4</p>	<p>12</p>	<ul style="list-style-type: none"> ALL OF THE ABOVE CONTROLS Avoid all drills in sessions where physical, hand to hand contact may occur Structure drills that remove risk of unpredictability in some cases that may result in contact e.g. randomised defence Maintain two metre social distancing at all times and in all other drills when not involved in the incidences outlined above. 	<p>2</p>	<p>3</p>	<p>6</p>
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<p>occur for extended durations of anymore than one to two seconds. If athletes follow the above personal hygiene guidelines during water breaks and before and after sessions, the this should be able to be performed safely and fall into what government advice deems as appropriate to break the two metre social distance boundary.</p> <p>This makes Volleyball a low risk sport in general in terms of resuming group training. Taking into account the above.</p>								
<p>All indoor volleyball matches (This section to be completed when matches are proposed)</p>	<p>Athletes Coaches Officials Spectators Other sports centre users</p>	<p>3</p>	<p>4</p>	<p>12</p>	<ul style="list-style-type: none"> • Officials to brief team captains before the start of matches regarding the controls in place. • Travel under government guidelines with social distancing. • Restrict group of players to the minimum number to safely and competitively play the matches. • Players to travel in match kit to avoid using changing rooms on arrival. • One member of coaching staff plus one medical member as bench personnel. • No line judges to be used. • Referees to use electronic hand held whistles. • Scorer to be located at least two metres from playing zone • One ball system to be adopted with the ball cleaned with sanitizer during official timeouts which will take place for a period of 60 seconds when the first team reaches 15 points in 6v6 indoor games with sets up to 25. Players will also sanitise or wash their hands at this point in games. • No sharing of equipment for players including drink bottles, any items of kit or warm up equipment. • No hand slapping between points. • No pre match or post match handshakes between teams and officials. • Officials will have powers to sanction/expel players or bench personnel for serious breaches of COVID-19 controls 	<p>2</p>	<p>3</p>	<p>6</p>

ALL COACHES AND ATHLETES MUST READ AND COMPLY WITH THIS RISK ASSESSMENT.