

SPORTS CLUB RISK ASSESSMENT



Club	RUGBY PHOENIX VOLLEYBALL CLUB	Date Completed	28/07/2021
Activity	NORMAL CLUB ACTIVITY	Aimed At	ALL
Club Assessor	PETER SHERWIN	Position	CHAIRPERSON

Any areas that score 3 or over indicate an identified hazard

Score 1-5	1-5	2	2	3	2	1	1	4
	Group	Leader(s)	Equipment	Transport	First Aid *see below	Weather	Accommodation	Affected
1	Group at appropriate competency at and above level of activity	Leaders qualified at or above appropriate level for activity	No equipment or protective clothing required	Activity on site or local, no transport requirements for participants	First Aid available. Access to emergency support. Persons qualified at appropriate level	Change in weather will have no adverse effect on the group	No overnight stay	The staff/ employees at the venue
2	Highly experienced participants undertaking activity at a high level of performance. Participants are aware of risks involved and trained to deal with foreseeable problems	Leaders experienced in leadership role at or above level of activity	Minimal equipment or protective clothing required to undertake activity. Required for comfort or peace of mind.	Use of hired coach or public transport	First Aid not available. Access to emergency support. Persons qualified at appropriate level	Change in weather will have minimal effect on activity	Accommodation in Hotel, B&B, staffed Hostel or Private Residence	The public who are watching the event/ fixture
3	Group with appropriate competency to attempt level of activity with suitable leadership, but not necessarily practical experience	Leaders experienced and competent as a participant at level of activity. No leadership experience at this level	Some equipment or protective clothing required by participants. No training required for use, equipment failure may cause minor injury	Local or regional movement or participants or large/heavy items using self driven vehicles	First Aid available. Access to Emergency support. No, or insufficient persons qualified at appropriate level	Change in weather could cause problems if the group is not adequately prepared with training or equipment	Bunkhouse or recognized Campsite/self catering accommodation	The opposing team (if a sports team)
4	Group with some competency in activity. Some awareness of risks involved.	Leaders with some experience of activity but not at this level. No leadership experience	Complex, delicate or extensive equipment or protective clothing required for some or all of participants. Training on use of equipment required. Some reliance on equipment where failure may cause some injury.	National movement of participants Using self drive vehicles or including over night stay	First Aid not available. No access to Emergency support. Persons qualified at appropriate level OR First Aid not available Access to Emergency support. No, or insufficient persons qualified at appropriate level	Change in weather could rapidly lead to serious problems if the group is not adequately experienced or equipped	Overnight camping in wilderness area. Use of Mountain Hut or Refuge. Access to communication and/or shelter	Members of your club/ society who are participating in this trip/event
5	Absolute Novices with no or little experience of the activity at any level	No experience of activity as a participant or leader	Complex, delicate or extensive equipment and/or protective clothing required for all participants. Extensive training on use of equipment required. Direct reliance on equipment, failure is likely to cause serious injury	Transportation of heavy or large items and many people, use of minibuses and trailers or traveling abroad	First Aid not available. Persons not qualified at appropriate level. With or without access to Emergency support	Change in weather could have very serious repercussions for the group	Overnight camping in wilderness area. No access to communication or shelter	

*** Types of First Aid**

First Aid – Where a third party is qualified in first aid at an appropriate level, but not a member of an emergency service or your club e.g. Instructor
Access to Emergency Support – Where trained professionals would be able to be called to an incident within 45 minutes of an incident e.g. Ambulance
Persons Qualified- Club members with First Aid Qualification a minimum of 4 hour First Aid Certificate for Societies, Pitch and Racket Sports, 8 hours or more for watersports, outdoor or hazardous activities (specialist certificates may be suitable)

HAZARD CONTROL ASSESSMENT



PLEASE COMPLETE THE FOLLOWING TABLE IN RESPECT OF EACH HAZARD YOU HAVE IDENTIFIED: USE ADDITIONAL SHEETS WHERE REQUIRED

HAZARD	RISK IDENTIFIED	WHO AFFECTED	CURRENT HAZARD CONTROL	FURTHER ACTION	RESPONSIBILITY
Group	Improper landing or collisions at net resulting in ankle and/or leg injuries	Participants	Briefings on safety and how to jump and play safely at a competitive level	-	Each player is responsible for his/her own actions
Group	Falling over – Cuts and bruising of limbs and body or in extreme cases, breakages	Participants	Briefings on safety and how to dive and play safely at a competitive level	-	Each player is responsible for his/her own actions
Group	Novices creating collisions – minor bruising or impact injury	Players (all)	Coaching on team awareness	-	Each player is responsible for his/her own actions, and the actions of the team they are part of
Group	Landing on balls after jumping, creating a compounded injury akin to falling over and landing incorrectly at net leading to lower limb damage and bruising/cuts/etc	Participants	Introducing a policy of shouting "ball" or "feet" if a ball rolls towards an area where people may be jumping	-	Everyone is responsible for everyone else
Group	Finger injuries, from misjudging a ball, therefore causing a slight strain	Participants	Awareness of the possibilities of this happening	-	Each player is responsible for his/her own actions
Group	Illness during training	Participants	Check that player registration forms are completed and include medical information and contact details	-	Each player / parent / carer is responsible for confirming any medical information. Secretary is responsible for ensuring all forms are completed and filed in a secure and accessible location
Group	Club not being aware that young people / children have arrived / been safely collected	Junior participants	Parent / Carer to book child in/out at each session	-	Exec member running the session. Parents to be aware of the registration process
Equipment	Moving/ setting up/ down heavy equipment (especially poles and lever and when releasing tension from net)	Participants	Use appropriate number of people to move equipment, make sure they are	-	Exec member running the session

	resulting in Trapped fingers/ equipment dropped on toes, poles or net falling and causing injury		experienced and trained in setting up equipment Equipment Checks regularly carried out		
Equipment	Slippery floors	Participants	No drinks allowed on courts	-	Everyone is responsible for everyone else
Transport	Young players / children may need to participate in events that require travel with responsible adults	Junior participants	Parent / carer must give written permission for the young person to be transported in another adult's vehicle. The young person will not travel alone on the journey. The young person will not be sent home with another person without permission. At least 2 people must be available to accompany / wait with a young person.		Parent / carer must provide emergency contact details. A late collection protocol will be provided at each event by the exec member running the session
Affected	Injury caused to opposing team by encroaching their side of the court	Participants	As this is technically against the rules, players will be briefed on this from both the rules point of view as well as a safety point of view	-	The team captain is responsible for the team and each individual player is responsible for his/her own actions
Affected	Spectators or persons being hit by stray volleyballs can cause minor impact injuries	Participants and spectators	All players are made aware of the possibility of this happening and should pay attention to the play occurring around them	-	Responsibility towards others in their surroundings

PLEASE ENSURE

- 1) All club officers have read your code of conduct and it is available on your club's web page.
- 2) All club officers have read your NATIONAL GOVERNING BODY CODE OF CONDUCT/PRACTICE

RUGBY PHOENIX VOLLEYBALL CLUB IS COMMITTED TO ENSURING THAT ALL ACTIVITIES ARE SAFE AND RISKS INHERENT IN THESE ACTIVITIES ARE MINIMISED.

The Risk Assessment will be reviewed and updated each season by the Club Officers and saved on to the Club's Webpage at
www.rugbyphoenixvolleyballclub.wordpress.com