

# *Rugby Phoenix Volleyball Club*

<http://rugbyphoenixvolleyballclub.wordpress.com>

## **EMERGENCY PROCEDURES**

In the event of an incident/accident you should:

- Stay calm but act swiftly and observe the situation
- Is there danger of further injuries?
- Listen to what the injured person is saying
- Alert the first aider who should take appropriate action for minor injuries
- In the event of an injury requiring specialist treatment, call the emergency service
- Deal with the rest of the group and ensure that they are adequately supervised
- Do not move someone with major injuries
- Wait for the emergency medics
- Contact the injured person's parent/guardian
- Complete an incident/accident report form
- If required, follow the Sport Centre Emergency Evacuation procedures

### **USEFUL NUMBERS & ADDRESS**

- Hospital of St. Cross, Barby Road, Rugby, CV22 5PX. Tel: 01788 572831
- University Hospital Coventry & Warwickshire, Clifford Bridge Road, Coventry, CV2 2DX. Tel: 024 7696 4000
- NHS urgent advice / non-life-threatening emergency. Tel 111