

# *Rugby Phoenix Volleyball Club*

<http://rugbyphoenixvolleyballclub.wordpress.com>

## **CODE OF CONDUCT FOR JUNIOR CLUB MEMBERS**

Rugby Phoenix Volleyball Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that all members, coaches, officials, administrators and parents associated with the club should always show respect and understanding for the safety and welfare of others.

As a junior member of Rugby Phoenix Volleyball Club, you are expected to abide by the following junior club rules:

- Players must always adhere to the positive aspects of the sport and show respect for club and team mates, match officials, volunteers, coaches and opposing players
- Players must accept responsibility for their own behaviour and performance during practices and matches; representing the club to the highest standards at all times
- Players must not engage in any form of bullying, be that physical, verbal or emotional. Bullying will not be tolerated, and any accusations or incidents will be investigated and reported by the club.
- Players must follow instructions and rules set by their individual coach / manager at all times, participating fully in all activities
- Players must inform the coach of any injury or illness at the start of the session or immediately a problem occurs
- Players must wear suitable kit for volleyball and must remove or tape jewellery for training and match sessions, as agreed with the coach/team manager
- Players must respect and look after all training equipment and playing areas at all times, keeping venue clean and tidy
- Any member found to be in breach of the above rules may be excluded from future club activities

### Notes

- If worn, club shirts should be returned clean as soon as possible or at the latest within two weeks
- All juniors are encouraged to bring their own water, in an unbreakable container, to training and matches. Absolutely no glass containers are allowed in the Sports Centre
- All notes should be given to parents - not left in pockets or on the Sports Centre floor!

The Club does have an excellent reputation both locally and nationally. We wish to maintain this. Please remember that you are representing yourself, your family and the Club at all times.

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## **Parents / guardians**

We welcome parents to all training and competitions and value your support. If you would like to get involved, please speak to the coach. Below is some general information that you may find useful:

- Arrangements should be made for your child to travel to and from training sessions and matches. We appreciate it if children can arrive promptly and are collected promptly at the end of the session. Please let us know if they are making their own way home. If you are going to be late picking your child up, please ensure somebody knows.
- Club training kit consists of proper footwear and sports wear.
- Competition fees vary and will be advised at the time.
- We would be grateful if you could complete a club parent consent form immediately.
- For the safety of your child it is important that the club is informed of any medical condition or allergies that may be relevant should your child fall ill or be involved in an accident while at the club.

More children than ever are taking part in volleyball. Most do so just for fun but some wish to take it more seriously. Whatever the level of participation parents play an important role. As well as having fun playing an enjoyable sport your child can obtain a sense of achievement, competence and self worth as well as reinforcing discipline and respect. Parents can help by being supportive, interested, encouraging and caring.

## **A few do's and don'ts to consider:**

- Support your child's involvement and help them to enjoy their volleyball
- Do encourage effort and performance rather than results
- Never punish or belittle a child for losing or making mistakes
- Do advise the coach of any aches and pains your child is suffering.
- Encourage your child to learn the rules and play within them
- Discourage unfair play and arguing with officials. Publicly accept officials' judgements.
- Don't turn a blind eye to bad behaviour, cheating or bad manners. To do so will infer that you condone such behaviour and that you do not consider personal standards and respect for others in sport.
- Don't coach from the sidelines and do try to show good sportsmanship to both teams.
- Set a good example by recognising fair play and applauding the good performances of all. Use correct and proper language at all times
- Do get to know other parents so that you can perhaps share transport etc
- Never force your child to take part in volleyball.

Away trips:

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We will try to send written information to parents about each trip but here are a few general notes.

- Return time is always approximate and we do ask players to telephone you during the journey to give you a more accurate pick up time. Please do not worry if the cars / mini bus are late returning as traffic can hold us up.
- Although some venues have cafes we would recommend taking a packed lunch.
- A personal drink bottle is essential (for training as well), as is something warm to put on after play.

If you would like to talk to someone at the club about this information or your child's involvement with the club, please contact Peter Sherwin, Matthew Johnson, Aneel Khanna or Janet Wardle.