

# *Rugby Phoenix Volleyball Club*

<http://rugbyphoenixvolleyballclub.wordpress.com>

## **GENERAL CLUB AND TRAINING RULES & EXPECTATIONS FOR REGISTERED PLAYERS**

Rugby Phoenix Volleyball Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that all members, coaches, officials, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others.

It is expected that you will:

- pay your match and training fees on time (i.e. monthly)
- arrive on time
- contact your team coordinator/coach in advance if you're going to be late or unable to attend training or match
- go training (where possible) – match selection is based on training performance
- work hard to improve your skills and show excellent work ethic at every training and match
- no matter which Rugby Phoenix team you are playing for, give 100% effort
- display a positive attitude, sportsmanship, respect for all team mates and coaches – vital to a quality team.
- a player may sit out during a game due to lack of team play/training, poor discipline, tardiness and/or negative attitude
- support other Rugby Phoenix Volleyball Club teams
- support social events
- keep your details up-to-date with Club Secretary
- help at junior training when asked
- help with officiating when asked

### **Match Days**

- arrive 30 minutes prior to the start of the match warm-up
- all team members are responsible for ensuring that, to improve and uphold the image of the club, they wear club merchandise at all matches.
- warm up properly with your team
- on home games all players have responsibilities to help set up and clear away posts, benches, scorer's table, banners, match programme stall, and support post-match hospitality.

**Many people work very hard for you so please work for the club.**